

Botox Patient Information

Botox is a safe, non-surgical way to eliminate worry lines, deep furrows and crow's feet. It is also an approved medical treatment to relieve migraines and excessive sweating. It only takes minutes, and there is no down time. Botox can also be used to gently raise the eyebrows, known as a chemical brow lift.

The spa may use ice before the injection to help with discomfort. The needle is extremely small and only a tiny amount of liquid is injected at one time. Very little discomfort is felt when the needle is inserted and the Botox injected. This sensation lasts approximately 5 seconds. Botox is injected into various muscles in the face to obtain the desired results.

Results

- This procedure will smooth wrinkles that are caused by frown and worry lines, "crow's feet" and laugh lines".
- It is not designed to take the place of a standard face lift or other surgical procedures. It is often used in conjunction with fillers and other procedures.

Pre care instructions (To help minimize bruising)

- Try to limit consuming of alcohol one week prior to treatment.
- No anti-inflammatory medication or aspirin one week before treatment.

Post care instructions

Because this is not a surgical procedure, patients can return to normal activities immediately after the procedure. It is possible to experience a mild headache, which is easily treated with ibuprophen.

- Do not lie down for 2 hours after the treatment.
- Do not massage the treated muscles; this can cause the Botox to spread to the muscles around the eyes.
- Exercise the muscles every 15 minutes for 1 hour after the treatment, the Botox attaches better to the muscles.
- Be patient; Botox takes 3 to 8 days to take effect
- The benefits will last on average from 3-4months.
- Please schedule a 2 week follow up visit. Repeat treatments are needed 2 to 3 times a year to maintain the youthful appearance.

Possible Side Effects

There are no serious or long term side effects associated with Botox treatments. In some occasions, there may be a small amount of bruising around the treated areas. This is temporary. On rare occasions, the needle may puncture a blood vessel that can result in a black and blue bruise around the treated area, which will disappear in a few days. On rare occasions the treatment may result in a slight drooping of the eyebrow or upper eyelid, usually correcting itself in two to three weeks